

INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST
SPIRITUAL DIRECTION CONSENT FOR MINORS

At the Institute, only priest members of the Institute may provide spiritual direction. The Institute’s Code of Conduct requires any priest who has been asked to provide spiritual direction to a minor or vulnerable adult to advise the parent or guardian of this request and to ask for the parent or guardian’s written consent.

These are the Institute’s pastoral standards with respect to Spiritual Direction:

- Sessions should not be held at places or times that could cause confusion about the nature of the relationship for the person receiving spiritual direction or for others in the environment.
- Spiritual direction may only take place in locations which permit random observation by others because such a setting provides assurance that the interactions are appropriate to the relationship without compromising the privacy of the session. Spiritual Directors should never meet alone with a client in a location or at a time when no one else is in the facility to observe interactions. Spiritual Directors should always promote an atmosphere and attitude of openness and transparency when meeting with clients.
- If a client comes for an unscheduled appointment or arrives at a time when there are no other adults in the facility, the Spiritual Director should either reschedule the appointment or require another adult to stay in the facility during the appointment.
- Spiritual Directors should inform their superiors and/or other staff on the premises of one-on-one meetings with minors and vulnerable adults, and invite random visual observation or status checks—even if the meeting is not on the Institute premises.

I consent to spiritual direction pursuant to these Institute policies.

NAME OF MINOR: _____

NAME OF PARENT: _____

SIGNATURE OF PARENT OR GUARDIAN: _____

DATE: _____